

### **Ninja Kids - White Belt To Yellow stripe**

Count to 5 in Korean: 1 – **Hanna**, 2 – **dool**, 3 – **set**, 4 – **net**, 5 – **dasaul**

What does white belt mean? **White belt means, I am a new student ready to learn.**

What do the words Tae Kwon Do mean? **Hand, foot and art.**

What are our 5 rules: **be nice, be good, keep trying, keep my hands to myself, work hard.**

### **Ninja Kids - Yellow stripe to Yellow belt**

Count to 10 in Korean-

1 – **Hanna**, 2 – **dool**, 3 – **set**, 4 – **net**, 5 – **dasaul**,  
6 – **yosaul**, 7 -**illgop**, 8- **Yodoll**, 9 – **Ahop**, 10 - **Yoll**

What does white belt mean? **White belt means, I am a new student ready to learn.**

What are our 5 rules: **be nice, be good, keep trying, keep my hands to myself, work hard.**

What do the words Tae Kwon Do mean? **Hand, foot and art.**

What does yellow belt mean? **Yellow means earth, like plant taking root.**

What is the meaning of pattern Chon-Ji?

***It is the first pattern for a new student. The pattern is split in two.***

How many moves in chon-Ji? **19**

### **Ninja Kids - Yellow belt To Green stripe**

Count to 10 in Korean-

1 – **Hanna**, 2 – **dool**, 3 – **set**, 4 – **net**, 5 – **dasaul**,  
6 – **yosaul**, 7 -**illgop**, 8- **Yodoll**, 9 – **Ahop**, 10 – **Yoll**

What are our 5 rules: **be nice, be good, keep trying, keep my hands to myself, work hard.**

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What does green belt mean? **Green belt means a plant grows like me, as I learn and grow.**

What is the meaning of pattern Chon-Ji?

***It is the first pattern for a new student. The pattern is split in two.***

How many moves in chon-Ji? **19**

What is the meaning of the pattern Dan Gun? **Dan Gun is named after the founder in 2333 BC**

How many movements in the pattern Dan Gun? **21**

Why do we practise 3 step sparring?

**3 steps sparring teaches us distance, blocks, stances, attacks and timing.**

## **Ninja Kids - Green stripe – Green belt**

What are our 5 rules: **be nice, be good, keep trying, keep my hands to myself, work hard.**

What do the words Tae Kwon Do mean? **Hand, foot and art.**

Why do we practise 3 step sparring?

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What is the meaning of the pattern Dan Gun? **Dan Gun is named after the founder in 2333BC**

How many movements in the pattern Dan Gun? **21**

What is the meaning of the pattern Do San?

**Do San is the name of the person Ahn Chang-Ho, who devoted his life to the education of Korea.**

How many movements in the pattern Do San? **24**

## **Ninja Kids - Green belt To Blue stripe**

What does white belt mean? **White belt means, I am a new student ready to learn.**

What does yellow belt mean? **Yellow means earth, like plant taking root.**

What does green belt mean? **Green belt means a plant grows like me, as I learn and grow.**

What does blue belt mean? **Blue belt means heaven, in which the plant grows into a towering tree.**

What is the meaning of pattern Chon-Ji? **It is the first pattern for a new student. The pattern is split in two.**

How many moves in chon-Ji? **19**

What is the meaning of the pattern Dan Gun? **Dan Gun is named after the founder in 2333BC**

How many movements in the pattern Dan Gun? **21**

What is the meaning of the pattern Do San? **Do San is the name of the person Ahn Chang-Ho, who devoted his life to the education of Korea.**

How many movements in the pattern Do San? **24**

What is the meaning of the pattern Won Hyo? **Won Hyo was a monk who introduced Buddhism in 686 A.D.**

How many movements in the pattern Won Hyo? **28**

## Ninja Kids - Blue stripe To Blue belt

What does white belt mean? **White belt means, I am a new student ready to learn.**

What does yellow belt mean? **Yellow means earth, like plant taking root.**

What does green belt mean? **Green belt means a plant grows like me, as I learn and grow.**

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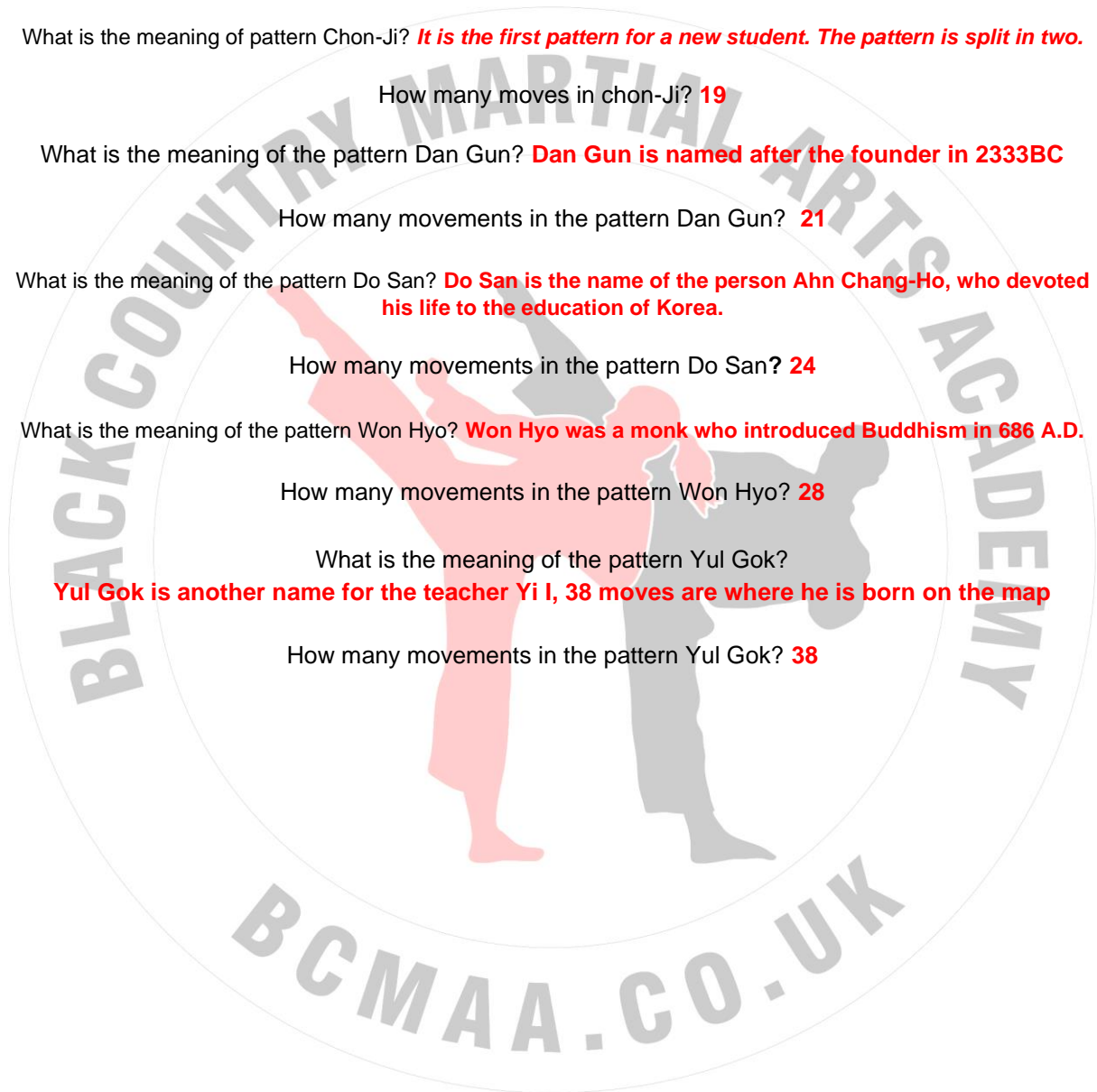
What is the meaning of the pattern Won Hyo? **Won Hyo was a monk who introduced Buddhism in 686 A.D.**

How many movements in the pattern Won Hyo? **28**

What is the meaning of the pattern Yul Gok?

**Yul Gok is another name for the teacher Yi I, 38 moves are where he is born on the map**

How many movements in the pattern Yul Gok? **38**



## Ninja Kids - Blue belt to red stripe

What does white belt mean? **White belt means, I am a new student ready to learn.**

What does yellow belt mean? **Yellow means earth, like plant taking root.**

What does green belt mean? **Green belt means a plant grows like me, as I learn and grow.**

What does blue belt mean? **Blue belt means heaven, in which the plant grows into a towering tree.**

What does red belt mean? **Red belt means danger, I must remain in control and people must stay away.**

What is the meaning of pattern Chon-Ji? **It is the first pattern for a new student. The pattern is split in two.**

How many moves in chon-Ji? **19**

What is the meaning of the pattern Dan Gun? **Dan Gun is named after the founder in 2333BC**

How many movements in the pattern Dan Gun? **21**

What is the meaning of the pattern Do San? **Do San is the name of the person Ahn Chang-Ho, who devoted his life to the education of Korea.**

How many movements in the pattern Do San? **24**

What is the meaning of the pattern Won Hyo? **Won Hyo was a monk who introduced Buddhism in 686 A.D.**

How many movements in the pattern Won Hyo? **28**

What is the meaning of the pattern Yul Gok?

**Yul Gok is another name for the teacher Yi I, 38 moves are where he is born on the map**

How many movements in the pattern Yul Gok? **38**

What is the meaning of the pattern Joong Gun?

**Joong Gun is named after An Joong Gun, the 32 moves are his age when he died.**

How many movements in the pattern Joong Gun? **32**

